

# BENEWINTER



What's in the mix?



Cereal Rye  
Winter Camelina



Seeding Rate: 35-80#/ ac  
Seeding Date: Oct 1 - Nov 15

## beneWINTER

Cereal rye and winter camelina are a great option ahead of soybeans. This mix needs to be planted late in fall so that the camelina overwinters. Both of these crops will come back in the spring. It can be planted into green if desired.

**Management Experience: Beginner Friendly**

### beNefit Score Card:



### Termination Method:

